

March 2024

Dear Parents and Carers,

We are delighted to inform you that we will be hosting two healthy eating workshops over the coming weeks.

The first workshop will take place on Tuesday 11 March at 14:30pm in DMP Hall. We will be joined by our School Nurse Support Worker and members of the School Nursing team. The workshop will cover the benefits of healthy eating and suggest ways you can support your child to have a healthy diet.

The second workshop will take place on Friday 9 May at 13:30pm in DMP Hall. In this workshop, you will work alongside your child to learn about healthy eating through a range of practical activities, including having the opportunity to prepare some healthy snacks to take away.

Please note that attendance at both workshops is required; you will not be able to attend the second workshop if you did not attend the first one.

To register your interest for these events, please follow the link here and complete the form:

<https://forms.office.com/e/r1N4mx5cMu>

Thank you for your continued support.

**Laura Payton**

**Vice Principal**

**Amy Brown**

**Y2 Teacher and PD Pioneer**

