Summer holidays can be a difficult time – the pressure to keep children entertained can actually cause additional stress for families. So as the summer holidays approach, we would like to let you know about some of the exciting FREE or low cost events happening, and other activities and support available across our district over the summer.

The <u>fyi.bradford.gov.uk</u> website has information and advice pages, a service directory and a What's On calendar of free and low cost events. Just enter your post code and how far you can travel to find out what's happening! One of this summer highlights will be 70 free fun day events in parks across the district. All the details are at <u>What's On Search Page - Bradford FYI</u>

If you have a child or children with Special Educational Needs you can visit the www.localoffer.bradford.gov.uk website to find information pages and a service directory. Here you can also find the Parents Forum Summer Newsletter and the AWARE summer activities guide.

Our Family Hubs continue to support families over the summer period. There is lots on offer including free sensory room sessions, school nurse drop-ins, school uniform swap shops, benefits advice, SEND support drop-ins, as well as coffee mornings and fun days...it's all going on! To find out more go to the family hub timetables on the FYI website.

As well as events and activities, the Family Hubs, which are welcoming centres located across the Bradford District, offer family support and advice, which can be a welcome lifeline especially when school is closed. You can email them any time or give them a call or drop in on a weekday for a friendly chat. For all their contact details, visit the <u>family hubs</u> pages on the fyi website.